

Itinerary of Jiri to Everest Base Camp Trekking :

Day 1: Drive Kathmandu to Jiri (187km)

Day 2: Trek Jiri to Deurali (2200m)

Day 3: Trek to Sete (2645m)

Day 4: Trek to Junbesi (2675m)

Day 5: Trek to Nunthala (2440m)

Day 6: Trek to Kharikhola (2020m)

Day 7: Trek to surkhe (2700m)

Day 8: Trek to Phakding (2646m)

Day 9: Trek to Namche Bazaar (3440m)

Day 10: Rest at Namche Bazaar for acclimatization and visit surrounding village Khunde, Khumjung Everest view hotel and back to Namche

Day 11: Trek to Tengboche (3790m).

Day 12: Trek to Dingboche (4350m).

Day 13: Day trip to Chhukung valley and back to Dingboche.

Day 14: Trek to Lobuche (4950m.).

Day 15: Lobuche to Gorakshep (5160m) and Hiking to Everest base camp (5545m.), and back to Gorakshep.

Day 16: climb up Kalapathar (5400m), and come back to Gorakshep. Then trek down to Pheriche(4280m)

Day 17: Trek back Namche bazar.

Day 18: Trek to Lukla.

Day 19: Early flight from Lukla to Kathmandu transfer to hotel. farewell dinner in evening.