

Higher Khumbu region

Day 01: Fly from Kathmandu to Lukla (2810m), then easy trek to Phakding (2610m.).

Day 02: Trek to Namche Bazaar (3440m.).

Day 03: Rest at Namche Bazaar for acclimatization and visit surrounding village Khunde, Khumjung Everest view hotel and back to Namche

Day 04: Trek to Tengboche (3790m).

Day 05: Trek to Dingboche (4350m).

Day 06: Trek to Chuukung (4760m)

Day 07: Cross the Kongmala pass (5535m) to Lobuche (4925m)

Day 08: Trek to Ghorekshep (5180m) EBC (5360m) back to Gorekshep.

Day 09: Early morning climb up to Kalapather for sunrise then trek to Dzonglha (4830m)

Day 10: Cross Chola pass (5420m) then trek down to Tagnag (4695m)

Day 11: Trek to Gokyo (4800m) then visit fifth lake back to Gokyo.

Day 12: Early morning climb up Gokyo Ri for remarkable view of surrounding mountains. then cross the Renjo pass down to Lungden (4350m)

Day 13: Trek to Hidden Thame village (3840m) visit Thame monastery.

Day 14: Trek to Namche bazar

Day 15: Trek to Lukla

Day 16: Fly back to Kathmandu and transfer to Hotel.