

High Camp

- 01 Kathmandu – Besisahar – 6/7h drive + Trek to Ngadi 2h
- 02 Ngadi – Jagat – 6/7h
- 03 Jagat – Dharapani – 6/7h
- 04 Dharapani – Chame – 6/7h
- 05 Chame – Pisang – 6h
- 06 Pisang – Manang – 5h
- 07 Free day to Manang
- 08 Manang – Yak Kharka – Chuli Ledar – 5h
- 09 Chuli Ledar – Phedi – High Camp – 6h
- 10 High Camp – Muktinath – 8/9h
- 11 Muktinath – Marpha – 6/7h
- 12 Marpha – Kalopani – 6/7h
- 13 Kalopani – Tatopani – 6h
- 14 Tatopani – Ghorepani – 6/7h
- 15 Ghorepani – Poonhill – Tilkhedhunga – 6h
- 16 Tilkhedhunga – Nayapul and drive to Pokhara – 3/4h
- 17 Pokhara to Kathmandu drive (6h) or fly (25 min)